

Breathexperience

CANADA



BREATH into SINGING

Workshop / Master Class With **LindaMarie James**

Location: **The Breath Space**
1392 E. 3rd Avenue
Vancouver, BC

Date: **SUNDAY, MAY 28, 2017**

Time: **10:30am to 4:00pm**

Fee: **\$125.00**

What to Bring: **2 or 3 Songs /Arias**
Accompanist provided

Breath into Singing has been developed by LindaMarie James over many years of study, performing and teaching. To register, or for more information please contact LindaMarie @ 604-731-1086 or email: lindamariej@shaw.ca or visit our Website: www.breathexperience.ca

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Breathexperience is the practice of allowing your breath to move naturally, without controlled effort, and allowing oneself to be present to the sensation of the movement of this breath. This practice promotes personal well-being and ease on all levels, along with a gentle, yet profound way of connecting with ones' true self.

In *Breath into Singing* our intention is to bring the 'allowing' and 'doing' forces together.

Specifically, participants are encouraged to allow the movement of their own natural, (allowed) breath in relation to the extension of their exhale, (doing) while singing.

The singer discovers that by 'allowing' the breath, rather than controlling the breath, there is less tension in the physical body, and therefore less tension in their sound.

The singers' freer voice now becomes its own **unique** sound rather than one which is generic and controlled. In this way, singers connect with their own natural voice, and find greater access to their emotions as they tell the 'story' through voice and song.

This Workshop / Master Class is open to anyone who would like to explore the joy of singing.

LindaMarie James is a Certified Professional Practitioner of Middendorf Breathexperience. For information and to register: 604-731-1086 email: lindamariej@shaw.ca or visit our Website: www.breathexperience.ca
